

# Cape Henry Shores Civic Association Newsletter

Summer Edition • June/July/August 2011



## Welcome to our electronic newsletter

### A note from the CHSCA President:

**Our next civic association meeting will be Tuesday, 7 June 2011 at 7:30pm at the Lynnhaven Colony Congregational Church. I have not scheduled a guest speaker. I want to hear what is on your agenda and how we can improve life at Cape Henry Shores. Everyone is welcome.**

**I have been talking to personel at First Landing State Park about the bamboo infringing on the trees and grass at the front entrance. They will cut the bamboo down and treat the area with herbicide. They asked if we could provide some able bodied hands to load the bamboo on trailers that they will furnish to haul the bamboo away. I concured with their idea and told them we would provide the help on Saturdays. Please call me if you're available for this project (481-7919). I will give you a 3 to 4 day advance notice of when we will start.**

**Also we would like to thank Jerry and Judy Bland for all their hard work on the front entrance. Our treasurer Richard Robbins has met with a landscaping consultant who has a plan for future maintenance of the front entrance. School is over in a few weeks and more loved ones will be on the streets. Please observe the speed limit and have a great summer!**

**Marty Schuman**



**Cape Henry Shores Civic Association**  
**Next General Meeting on Tuesday, June 7th, 7:30pm**  
at the Lynnhaven Colony Congregational Church Community Center  
2212 West Great Neck Road

\$\$\$ \$ **REDUCED** \$\$\$ \$

## Newsletter Advertising Rates

Now that our newsletter is being delivered electronically,  
we have lowered the advertising rates:

Business Card Size \$5.00  
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1/2 Page Size \$15.00

If you would like to advertise, please contact  
Addie Roark [roarkfamily@hotmail.com](mailto:roarkfamily@hotmail.com).

### A note from our Treasurer:

**The dues notices for the 2011 calendar year were delivered by the block captains in March with a 30 April due date. If you are one of the 50 households who have not paid, please remit as soon as you can.**



**EVERYONE** can do this  
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### Your CHSCA Officers

Marty Schuman, President  
481-7919  
[msschuman@verizon.net](mailto:msschuman@verizon.net)

Sharon Ashton, Vice President  
496-8843

Dick Robbins, Treasurer  
481-2675

Rochelle Good, Secretary  
496-3150

### Committee Chairs

Entry Maintenance  
Kevin Tucker, 481-3192

Garden Club  
Judy Bland, 496-4148

Neighborhood Watch  
Chris Wood, 675-0779

Social Arrangements  
Sandy Tucker, 481-3192  
Addie Roark 228-3572

Waterways  
Wally Dennison, 496-5851

Emergency Preparedness  
Coordinator  
Dave Williams, 481-1668  
[AUWings72@aol.com](mailto:AUWings72@aol.com)

Newsletter Editor  
Addie Roark, 228-3572  
[roarkfamily@hotmail.com](mailto:roarkfamily@hotmail.com)

**older  
(most western)  
beach access  
ramp at First  
Landing State  
Park**



**W**

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**H**

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**R**

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**E**

Beach access  
at First Landing  
State Park

At the foot of a  
mailbox on East  
Admiral Drive

sand beneath the  
Lynnhaven Pier

Norfolk  
Botanical  
Garden

Long Creek Trail  
in First Landing  
State Park

**Calling for vintage photos of our neighborhood! Please contact [roarkfamily@hotmail.com](mailto:roarkfamily@hotmail.com)**

## **IN MY BACKYARD ~ by Debbie Meadows**

Ah, Spring is in the air! A time for growth and renewal. Before we know it we'll all be back to our weekly lawn maintenance. Before applying anything to our lawns we need to get a soil test (Mac Donald's Nursery does it free if you have a rewards card, \$2 or \$3 without one) and only apply what the soil test recommends, otherwise we're wasting our money. If you split up your application it will have more time to absorb into your lawn. Remember, any pesticides, herbicides and nutrients that we put down that is not used up by our lawns will wash directly into our local waters. Storm water is not treated in our area, it all ends up in the Chesapeake Bay. The more water that stays on our lawns, the less runoff received by the Chesapeake Bay. If we mow our lawns at a height of 3 inches it improves the health of our lawns and allows our lawns to capture more rain water. If you're in the market for a new lawn mower please consider a mulching mower. Mulching our grass clippings back into our lawns creates a natural fertilizer and does not cause your lawn to thatch.

What more can we do? Well here's the scoop. Approximately 40,000 dogs call Virginia Beach home! The state says that one average-sized dog deposits 3/4 lb. fecal matter a day on the ground. 40,000 dogs times 3/4 lb. of dog feces a day is a whole lot of POOP! And please do not feed the ducks and geese, they also contribute to the problem. Any fecal matter that is not picked up (even in your backyard) goes, you guessed it, right into the Chesapeake Bay. Animal waste contains bacteria and viruses that not only contaminates shellfish but also causes the closing of beaches. Virginia Beach heavily relies on the revenue that tourists bring each year. If our water isn't clean the tourists will find another beach to visit. Talk about a loss of jobs, businesses and revenue! It's amazing how our actions really can help, so please Scoop All of the Poop!

It's also that time of year to get buffer! Well, not you specifically but your yard! A buffer is a natural or naturalized strip of vegetation area (at least 3 feet wide). By planting a buffer garden between our lawns and the street or between our lawns and a waterway we can greatly reduce the runoff of sediments, nutrients and toxins from our property. This will also lower our overall yard maintenance which will give us more time to have fun in the sun! A buffer doesn't need to be tall, although adding a tree or two helps it work better. Planting perennial plants, non-turf grasses and shrubs works just fine and will not obstruct your view. If you'd like more information visit [www.lrnw.org](http://www.lrnw.org), on the left at the top you may type in "Buffer Garden" and click "search". Under the search results you may click on "Buffer Garden", there you may Download their "Buffer Restoration Guide & Plant List", which is extremely helpful. We all know it takes a little work to get "Buffer" but it is worth the effort! Yes, much of what we do in our own backyards does make a difference to the water quality of our wonderful Chesapeake Bay.



## Your support is needed!

<http://longcreekwetlands.com/home>

**If you care about the Lynnhaven & Long Creek Waterways, please visit this website. It contains the most up-to-date information you can find on the proposal for a dredge spoils site, including history of prior development, many photos and links to other articles.**

**Read and consider signing the petition (1160 names).**

**Other websites that have information include:**

[www.capehenryshores.org](http://www.capehenryshores.org)

[www.sdcc.info](http://www.sdcc.info)

[www.TidewaterCurrent.com](http://www.TidewaterCurrent.com)

### Firefighters Teaching CPR and First Aid

**George Marino**  
(757) 287.9301  
[iteachucpr@juno.com](mailto:iteachucpr@juno.com)

John Midgett (757) 547.6176



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# Plaques of Appreciation Presented to Residents of Cape Henry Shores

Richard A. Paradiso III, CPT,TC, Commanding Officer of 159th Seaport Operations Company and John M. Broomhead, LTC, LG, Commanding Officer of the 11th Transportation Battalion signed the plaques (shown below) as certificates of appreciation to the residents of Cape Henry Shores who so generously provided clothing, furniture, gifts and other goods to a family in need stationed on Fort Story this past December. We also received a lovely handwritten thank you card from the family, complete with signatures from the nine family members. CHS President Marty Schuman, Treasurer Richard Robbins and Newsletter Editor Addie Roark were present to receive the plaques. A gift card with the remaining monetary donations was also given to the family.



## CHSCA Social News

from Sandy Tucker

### SUNSET ON THE BAY

**First Tuesday of each month - Meet and Greet on the beach in front of the ramp on Kendall Street.**

**Bring your cooler and beach chairs. Beautiful spot to enjoy your dinner! (weather permitting - of course)**

**Time: flexible - Sunset is approximately 7:20 pm - Come early - stay late!**

**Stay tuned for information on our summer block party.**



## When it comes to your to-do list, put your future first.

Decisions made in the past may no longer be what's best for the future. To help keep everything up to date, Edward Jones offers a complimentary financial review.

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# Cape Henry Shores Youth Services Directory

The following youths are available:

## Sitters

- Kate Dodson.....496-2599
- Molly Dodson .....496-2599
- Victoria Jones.....481-7429
- Cam Katz .....496-2273
- Maggie Maddox.....496-0235
- Sarah Maddox .....496-0234
- Courtney Roark ....228-3572
- Margaret Shortt.....496-9779

## Lawn cutting & related

- Trevor Klein.....286-2579
- Joey Maddox.....496-0234
- Taylor Shortt.....496-9779

## Acoustic Entertainment

- Louis Smith .....496-9987

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## CHS Block Captains

Block Captain/Telephone Number	Assigned Lots
<b>A</b> Marty Schuman/481-7919 162	46-52, 93-99, 161,
<b>B</b> Chuck Needhan/754-4245	1-3, 44, 45
<b>C</b> Melissa Wool/496-8613	35-43, 171-174
<b>D</b> Bob Horan/481-3358	4-9, 27-34
<b>E</b> Jerry Anderson/481-1870	10-26
<b>F</b> Caroline Robinson/496-6955	59-70
<b>G</b> Denise Stephens/481-7664	53-58, 71-75
<b>H</b> Cathy Combs/481-0324	100-102, 153-160
<b>J</b> Garry Ashton/496-8843	103-110, 176-181
<b>K</b> Mike Plemmons/496-1668	182-187, 144-152
<b>L</b> Dave Williams/481-1668	111-119, 135-143
<b>M</b> Dan Creedon/496-3813	120-134
<b>N</b> Curtis Estes/481-5871	76-92

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# Have a Safe & fun Summer!